Wearing a face covering in public places helps protect you and anyone near you from COVID-19. Your mask should fit snugly but comfortably over your nose, mouth, and chin without any gaps.

**RECOMMENDED**
- Face mask worn the right way and at least two layers thick
- N-95 respirators are critical supplies that should be reserved for healthcare providers and other first responders

**NOT RECOMMENDED**
- Face shield alone
- Loose-fitting bandana
- Face mask with valve
- Face mask worn the wrong way
- Neck gaiter only one layer thick

Always wash your hands after handling or touching a used mask. Wash and dry cloth face coverings after use each day. Learn more about how to handle and care for your mask at [www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html](http://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/about-face-coverings.html)

Masks should not be worn by children younger than age two, anyone who has trouble breathing, or anyone who is unconscious, incapacitated, or otherwise unable to remove the mask without help.