

REOPENING RI

Wearing a Face Covering in the Summer



It's important to wear a face covering whenever you go out – even when it's hot outside – if you are not able to continuously maintain 6 feet of distance between other people.

Wearing Your Face Covering

- Use two or more layers of 100% cotton material.
- The lighter the color, the less heat it will attract.
- Keep an extra with you to change out in the heat.
- Using clean hands, fit it over your nose and mouth.
- Once it's on, keep hands off except when removing!
- Use clean hands to remove.
- Wash your face afterwards.
- If you have respiratory issues or other underlying health issues, contact your healthcare provider regarding face coverings and other COVID-19 preventive measures.



Caring for Your Face Covering

- Wash with soap and hot water after each use.
- Discard if they become worn or won't remain in place comfortably.

If you have to wear a face covering for an extended period of time, take a break and get some fresh air when you can safely do so.

Take measures to reduce heat exhaustion:

health.ri.gov/beatheat

health.ri.gov/stopthespread



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